2015 级临床医学专业(试点班)培养方案

Curriculum for Undergraduate Clinical Medicine Major The pilot class

一、培养目标

培养适应我国医药卫生事业发展需要,厚医学基础、强实践能力、高人文素质,具有初步临床能力、终身学习能力和良好职业素质,崇实创新、追求卓越的医学毕业生,为毕业后继续深造和在各类卫生保健系统执业奠定必要的基础。

I .Educational objectives

This major trains undergraduate students to be high level applied talents, who can fit the demands from modern medical and health services; integrated develop in virtue, wisdom and body; be equipped with knowledge in the fields of foundational medicine and clinical medicine; be equipped with skills in the fields of continuing education and lifelong learning; be equipped with ability to solve common clinical practical problems and ethics in services ;can fit to health units or medical research institutes, such as hospital, CDC, occupational disease prevention office, medical colleges and academy.

二、培养要求

- 1、遵纪守法,树立科学的世界观、人生观、价值观和社会主义荣辱观,热爱祖国,忠于人民,愿为祖国卫生事业的发展和人类身心健康奋斗终生。
- **2**、珍视生命,关爱病人,具有人道主义精神,将预防疾病、驱除病痛作为自己的终身责任,将提供临终关怀作为自己的道德责任,将维护民众的健康利益作为自己的职业责任。
 - 3、树立终身学习观念,认识到持续自我完善的重要性,不断追求卓越。
 - 4、具有与病人及其家属进行交流的意识,使他们充分参与和配合治疗计划。
 - 5、在职业活动中重视医疗的伦理问题,尊重患者的隐私和人格。
 - 6、尊重患者个人信仰,理解他人的人文背景及文化价值。
 - 7、实事求是,对于自己不能胜任和安全处理的医疗问题,应该主动寻求其他医师的帮助。
 - 8、尊重同事和其他卫生保健专业人员,有集体主义精神和团队合作开展卫生服务工作的观念。
 - 9、树立依法行医的法律观念,学会用法律保护病人和自身的权益。
- **10**、在应用各种可能的技术去追求准确的诊断或改变疾病的进程时,应考虑到病人及其家属的利益, 并注意发挥可用卫生资源的最大效益。
 - 11、具有科学态度、创新和分析批判精神。
 - 12、履行维护医德的义务。

II .Intellectual requirements

Students of this major are reqired to

- 1. Abiding by the law and Socialist concept of honor and disgrace, to maintain the correct world outlook, outlook on life and the values.
 - 2. Cherish life and guard life, be responsible for patients and be humanitarian.
 - 3. Setting the conception of lifelong learning to pursue excellence.
 - 4.Developing the ability of communicating skills to patients and their family members.
 - 5. Respecting patients' right to privacy, caring medical ethical issues.
 - 6.Respecting patients' personal beliefs and culture.
 - 7. Seeking truth from facts, willing to seek the help to other physicians to solve problem.
 - 8. Insisting on the principle of collectivism and cooperation during health services.
 - 9. Building legal concepts to protect by law the rights and interests of physicians and patients.
 - 10. Yielding the greatest returns on investment when treating patients.
 - 11.Researching with scientific attitude, innovation spirit and critical spirit.
 - 12. Maintaining the performance of the attentive duties of doctor.

三、毕业生应获得的知识、能力

(一) 知识目标

- 1、掌握与医学相关的数学、物理学、化学、生命科学、行为科学和社会科学等基础知识和科学方法,并能用于指导未来的学习和医学实践。
 - 2、掌握生命各阶段的人体的正常结构和功能,正常的心理状态。
- 3、掌握生命各阶段各种常见病、多发病的发病原因,认识到环境因素、社会因素及行为心理因素 对疾病形成与发展的影响,认识到预防疾病的重要性。
 - 4、掌握生命各阶段各种常见病、多发病的发病机理、临床表现、诊断及防治原则。
 - 5、掌握基本的药理知识及临床合理用药原则。
 - 6、掌握正常的妊娠和分娩、产科常见急症、产前及产后的保健原则,以及计划生育的医学知识。
- 7、掌握全科医学基本知识,掌握健康教育、疾病预防和筛查的原则,掌握缓解与改善疾患和残障、 康复以及临终关怀的有关知识。
 - 8、掌握临床流行病学的有关知识与方法,理解科学实验在医学研究中的重要作用。
 - 9、掌握中国中医学的基本特点,了解中医学(民族医学)诊疗基本原则。
 - 10、掌握传染病的发生、发展以及传播的基本规律,掌握常见传染病的防治原则。

(二) 技能目标

1、全面、系统、正确地采集病史的能力。

- 2、系统、规范地进行体格及精神检查的能力,规范书写病历的能力。
- 3、较强的临床思维和表达能力。
- 4、内、外、妇、儿各类常见病、多发病的诊断、处理能力。
- 5、一般急症的诊断、急救及处理能力。
- 6、根据具体情况选择使用合适的临床技术,选择最适合、最经济的诊断、治疗手段的能力。
- 7、运用循证医学的原理,针对临床问题进行查证、用证的初步能力。
- 8、从事社区卫生服务的基本能力。
- 9、具有与病人及其家属进行有效交流的能力。
- 10、具有与医生、护士及其他医疗卫生从业人员交流的能力。
- 11、结合临床实际,能够独立利用图书资料和现代信息技术研究医学问题及获取新知识与相关信息, 能用一门外语阅读医学文献。
 - 12、能够对病人和公众进行有关健康生活方式、疾病预防等方面知识的宣传教育。
 - 13、具有自主学习和终身学习的能力。

III. The knowledge and ability obtained by graduate

(I) Objectives on knowledge

- 1.Mastering the medically related fundamental thoeries and scientific methods of mathematics, physics, chemistry, biological sciences, behavioral science and sociology which are adapted to the continued learning and practice in the future.
 - 2. Grasping the physiology, anatomy and psychology in different developing stages of human being.
- 3.Grasping the ediology of various common diseases in a lifespan, understanding the effects of environmental, sociological, behavioral and psychological factors on the development of disease, and realizing the importance of prevention.
- 4.Mastering the pathogenesis, clinical manifestation, diagnosis and preventive principles of various common diseases in a lifespan.
 - 5. Mastering the basic knowledge of pharmacology and principle of drug use.
- 6.Grasping the medical knowledge of normal pregnancy and labor, obstetric emergencies, principles of pre and post-natal care, and birth control.
- 7.Mastering the medical knowledge of general practice, grasping the principles of health education, prevention and screening, mastering the related theroies of health promotion, disability, rehabilitation, and hospice.
 - 8. Mastering the relevant knowledge of clinical epidemiology.
 - 9. Grasping the features of TCM, and knowing its fundamentals of diagnosis and treatment.

10.Mastering the regulation to the occurrence, development and spread of infectious diseases, grasping the principles of treating common infectious diseases.

(II) Objectives on skills

- 1.Be capable of collecting medical history systematically.
- 2.Be able to perform the systematic and standardized physical and psychiatric checkups and write standard medical chart.
 - 3.Be good at clinical thinking and communication.
- 4.Be able to diagnose and treat the common medical, surgical, obstetric& gynecological, and pediatric diseases and disorders.
 - 5.Be able to diagnose and treatment of general emergencies and perform first-aid.
- 6.Be able to choose the appropriate clinical skills and the most economic-efficient approaches based on scenario.
 - 7.Be capable of verifying clinical problems by using Evidence-Based medicine.
 - 8.Be capable of engaging in health services in community
 - 9.Be capable of communicating effectively to colleagues, patients and their family members.
 - 10.Be able to communicate to other physicians, nurses, and healthcare personnel.
- 11.Be able to do medical research utilizing literature and modern Informatics and read medical literature in foreign language.
 - 12.Be capable of promoting healthy lifestyles and the knowledge of disease prevention.
 - 13.Be capable of communication with persons, organization and management, and lifelong learning.

四、专业主干课程

基础医学导论、生物化学与分子生物学、感觉器官与中枢神经系统、消化系统、呼吸系统、内分泌系统、心血管系统、泌尿系统、诊断学、神经与精神疾病、心血管系统疾病、消化系统疾病、呼吸系统疾病、内分泌与代谢系统疾病、肾脏与泌尿系统疾病、骨骼与关节疾病、女性生殖系统疾病、儿童健康与生长发育。

IV.Main courses

Introduction to basic medicine, Biochemistry and Molecular Biology, The sense organs and the central nervous system, Digestive system, Respiratory system, Endocrine system, Cardiovascular system, Urinary system, Diagnostics, Nervous and mental disease, Cardiovascular system disease, Digestive disease, Respiratory disease, Endocrine system and metabolism system disease, The kidney and urinary system disease, Bone and joint disease, Genital system disease, Children's health and growth.

五、基本学制: 五年

V.Recommended length of the program: 5 yeas

六、授予学位: 医学学士

VI.Degree awarded: Bachelor of Medicine

七、毕业学分要求: 215 学分

课程类型	学分要求	课程类型	学分要求
1、通识教育平台课程	38	3、专业课程模块	65
必修课程	34	专业核心课程	60
选修课程*	4	专业方向课程	
2、学科基础平台课程	77	专业任选课程	5
必修课程	69	4、实践教学模块	29
选修课程	8	5、素质拓展模块	6

*通识教育选修课 4 学分包括:人文社科类 1 学分、艺术体育类 1 学分、自然科学类 1 学分、经济管理 类 1 学分

VII.Academic credit requirements for graduating: 215 credits

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Type of course	Academic credit	Type of course	Academic credit
1. Courses of general education	38	3.Specialized Courses	65
Required course	34	Core specialized courses	60
Elective course	4	Directional specialized courses	
2.Subject basic courses	77	Elective specialized Courses	5
Required course	69	4.Practical Courses	29
Elective course	8	5.Quality development Courses	6

八、课程设置表

VIII.The curriculum table.

课程类别		课程性质	课程名称(学分/实验学时)【先修课程】
通识教育平台课程	育平台课程 必修		思想道德修养与法律基础(2);形势与政策(2);毛泽东思想与中国特色社会主义理论体系概论(3);马克思主义基本原理(2);中国近现代纲要(2);大学计算机文化基础 A(3);大学综合英语(一)(4);大学综合英语(二)(4);大学综合英语(三)(4);体育(一)(1);体育(二)(1);职业生涯规划与就业指导(1);大学生心理健康教育(1);军事理论与训练(3);公益劳动(1)。
	选修		见通识教育选修课程一览表。
学科基础平台课程	必修		医用高等数学 B(2.5);医用物理学 B(2);医用物理学实验($1/16$);基础化学(2);基础化学实验($1/16$);有机化学 B(2.5);有机化学实验 B($1.5/24$);细胞生物学($3/16$);生物化学与分子生物学($7/32$);基础医学导论($6/16$);运动系统($2/8$);中枢神经系统与感觉器官($4/24$);消化系统($4.5/24$);呼吸系统($2.5/16$);内分泌系统($1/2$);PBL 专题教学 1(1);心血管系统($5/22$);病原与宿主防御系统($5/20$);机能实验学($5.5/88$);PBL 专题教学 2(1);泌尿系统($1.5/6$);生殖系统($1/6$);血液与肿瘤($3/16$);局部解剖学($3/16$);基础综合考试(0.5)。
	选修		简明医学史(1); 医学文献检索(1); 医用遗传学基础(2); 健康教育(1); 社会医学(1); 卫生法(1); 法医学(1.5); 专业英语(2); 循证医学(1); 医学伦理学(1); 临床药理学(1); 拉丁语与处方学(1); 心血管药理学(1)。
专业课程模块	必修	专业核心课程	床 PBL 教学 (1.5); 皮肤性病学 (1); 手术学 (2/32); 医学心理学 (1.5); 医学影像学 (1.5); 诊断学 (4); 诊断学实验 (3.5/56); 医学影像学实验 (1.5/24); 中医学 (2.5/4); 急诊医学 (1); 全科医学 (1); 医患沟通学 (1); 临床综合考试 (0.5); 毕业综合考试 (0.5)。
	选修	专业任选课程	医学导论(1.5/2);公众救护(1/6);医学科研方法(1);临床营养学(1);核医学(1);康复医学(1);老年病学(1);心血管疾病诊断学(1);心血管疾病内科学(2);心血管疾病外科学(1);心血管影像学(1)。
实践教学模块	必修		早期临床实践(一)(0.5);早期临床实践(二)(0.5);临床技能强化训练(2);科研训练(1);临床见习(1)【分散在医学影像科、传染科、耳鼻咽喉科、眼科、口腔科等科室见习】;临床实习(24)。
素质拓展模块	必修		创新教育(3); 第二课堂(3)。

注:课程教学每16学时计1学分,体育课每学期1学分,实践教学模块每周0.5学分。

举例说明: 电工技术 (2/8)【大学物理 A(-)】,即电工技术课程学分为 2,含实验学时 8 学时,修读电工技术应先修课程大学物理 A(-)。